

Rock Valley Swimming Pool

Learn-to-Swim & Preschool Aquatics Schedule 2023

Registration will be online this year & opens 12:00pm, April 19th.
Link coming soon!

Session #1: June 19-30 (Monday-Thursday) (Note: Fridays reserved for makeup if needed)	Session #2: July 10-21 (Monday-Thursday) (Note: Fridays reserved for makeup if needed)	Preschool Aquatics (Monday-Friday)
8:30-9:00am Level 1*, 6 9:00-9:45am Level 2, 4, 5 10:00-10:45am Level 3, 5 11:00-11:45am Level 2, 3, 4 11:45am-12:15pm Level 1* *Minimum grade level: completion of Kindergarten May 2023 Other: Lifeguard Training Course: stop by the pool or email rvpool@cityofrockvalley.com for more information.	8:30-9:00am Jr. Lifeguarding 9:00-9:45am Level 2, 3, 4 10:00-10:45am Level 2, 4, 5 11:00-11:45am Level 3, 5 11:00-11:30am Level 1* 11:45am-12:15pm Level 6 *Minimum grade level: completion of Kindergarten May 2023	Session #1 June 19-23 Sunfish 10:00-10:30am June 19-23 Guppies 10:30-11:00am June 26-30 Mudturtles 10:00-10:30am June 26-30 Sunfish 10:30-11:00am June 26-30 Guppies 5:00-5:30pm June 26-30 Tadpoles 5:30-6:00pm Session #2 July 10-14 Mudturtles 11:30am-12:00pm July 10-14 Guppies 12:00-12:30pm July 10-14 Mudturtles 5:00-5:30pm July 10-14 Guppies 5:30-6:00pm July 17-21 Sunfish 11:30am-12:00pm
Preschool Aquatics: (ages 3-6 yrs): When registering please register your child at the appropriate level (must be mature enough to follow instructions from instructors). Guppies (Level A) - This level is an orientation to water for children who are uncomfortable putting their face in water. Also, for the child who cannot float without support on their back or front. Mudturtles (Level B) -Prerequisite for level B: Children will put their face in the water and blow bubbles. They are comfortable lying on their back and front with support Sunfish (Level C) -Prerequisite for level C: Successfully passed level B or can front float for 10 seconds and back float for 20 seconds without support. "Swim" on front and back without support for 8 yards. Max. Class size=12 students	Tadpoles (ages 1-3 yrs): Parents and children learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control, while also educating parents in water safety. NOTE: A parent/adult must accompany child in water. Max. Class size=12 students Lesson Fees: All Preschool/Learn-to-Swim/J. LG courses \$25.00/student Lifeguard Training \$175.00/student Private Swim Lessons \$100.00/student Semi-Private Swim Lessons \$190.00/pair <i>*Payment must be included at time of registration</i>	

Watch for private swim lesson info (available May 3, 2023) Additional schedules & complete class information can be found at

<https://www.cityofrockvalley.com/city-services/swimming-pool>
or [City of Rock Valley's Facebook page](#)

Questions? Email rvpool@cityofrockvalley.com