

Rock Valley Swimming Pool

Learn-to-Swim & Preschool Aquatics Schedule 2025

Registration link:
([need to include here](#))

| Session #1: June 9-20 (Monday-Thursday) (Note: Fridays reserved for makeup if needed) | Session #2: July 7-18 (Monday-Thursday) (Note: Fridays reserved for makeup if needed) | Preschool Aquatics (Monday-Friday) | | |
|--|--|--|--|--|
| 10:00-10:45am Level 3, 5 11:00-11:45am Level 2, 3, 4 11:45am-12:15pm Level 1* 11:45am-12:15pm Jr. Lifeguarding, Level 6 *Minimum grade level: completion of Kindergarten May 2025 Other: Lifeguard Training Course: May 28-June 1 (tentative; Times TBD) \$250 or reimbursed with commitment to working at the Pool Email rvpool@cityofrockvalley.com for more information. | 9:00-9:45am Level 2, 3, 5 10:00-10:45am Level 2, 4, 6 11:00-11:45am Level 3, 4, 5 11:00-11:30am Level 1* *Minimum grade level: completion of Kindergarten May 2025 | Session #1 June 9-13 Sunfish 10:00-10:30am June 9-13 Guppies 10:30-11:00am June 16-20 Mudturtles 10:00-10:30am June 16-20 Sunfish 10:30-11:00am June 23-27 Tadpoles 5:00-5:30pm June 23-27 Guppies 5:30-6:00pm Session #2 July 7-11 Sunfish 10:30-11:00am July 7-11 Mudturtles 11:30am-12:00pm July 7-11 Guppies 12:00-12:30pm July 14-18 Mudturtles 5:00-5:30pm July 14-18 Guppies 5:30-6:00pm | | |
| Preschool Aquatics: (ages 3-6 yrs): | | Tadpoles (ages 1-3 yrs): | | |
| When registering please register your child at the appropriate level (must be mature enough to follow instructions from instructors). Guppies (Level A)- This level is an orientation to water for children who are uncomfortable putting their face in water. Also, for the child who cannot float without support on their back or front. Mudturtles (Level B)- Prerequisite for level B: Children will put their face in the water and blow bubbles. They are comfortable lying on their back and front with support Sunfish (Level C)- Prerequisite for level C: Successfully passed level B or can front float for 10 seconds and back float for 20 seconds without support. "Swim" on front and back without support for 8 yards. Max. Class size=12 students | | Parents and children learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control, while also educating parents in water safety. NOTE: A parent/adult must accompany child in water. Max. Class size=18 students Lesson Fees: (Group lesson fee paid at online registration) All Preschool/Learn-to-Swim/J. LG courses \$35.00/student Lifeguard Training \$250.00/student Private Swim Lessons \$105.00/student Semi-Private Swim Lessons \$195.00/pair *Private lessons will have \$5.00 online course hold fee & remainder must paid cash/check at the pool before or on the first day of scheduled lessons. | | |

Additional schedules & complete class information can be found at
<https://www.cityofrockvalley.com/web/swimming-pool/#lessonsched>
 or City of Rock Valley's Facebook page

Questions? Email rvpool@cityofrockvalley.com

Swimming Lesson Procedures:

*Complete course descriptions found at <https://www.cityofrockvalley.com/web/swimming-pool/#lessonsched>

*All Learn-to-Swim Level 1-6 classes are two weeks, Monday-Thursday. Fridays will be used as a make-up day as needed for weather or unforeseen maintenance. To ensure proper water safety instruction, participants who miss class outside of weather or maintenance events may be disqualified from completion per Red Cross guidelines.

If you are interested in making up days, please check with the pool manager or instructor for possible options.

* Low Enrollment Policy: If there are less than 3 students in a class, you may be required to switch class times to properly fill classes.

*Please keep your student at home if he/she is feeling ill, has had a fever within 24 hours, or diarrhea in past 14 days.

***In cases of inclement weather or pool maintenance: An announcement will be placed on the answering machine 30 minutes prior to all cancellations and will be posted on the City of Rock Valley FACEBOOK page & Instagram account @rockvalleyswimmingpool.**

*Parents/Family/Friends are encouraged to watch the swimmers! But, for the safety of patrons and consideration of the instructors, **ONLY STUDENTS** are allowed in the pool area during public or private lessons. The park area next to the pool & and cement bike areas are great places to view the classes—lawn chairs are welcome. Your help is appreciated!

The Red Cross has determined that the quality of instruction has often been affected by parent and/or sibling distraction, interruptions, or various other concerns that may interfere with class interactions.

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