

Rock Valley Swimming Pool

Learn-to-Swim & Preschool Aquatics Schedule 2026

Registration link:

<https://rockvalley.activityreg.com/>

Session #1: June 15-26 (Monday-Thursday) (Note: Fridays reserved for makeup if needed)	Session #2: July 6-17 (Monday-Thursday) (Note: Fridays reserved for makeup if needed)	Preschool Aquatics (Monday-Friday)																																						
<p>11:00-11:45am Level 2, 3, 4, 11:45am-12:15pm Level 1* 11:45am-12:30pm Level 5, 6 11:45am-12:15pm Jr. Lifeguarding</p> <p>*Minimum grade level: completion of Kindergarten May 2025</p> <p>Other: Lifeguard Training Course: May 26-30 (tentative; Times TBD) \$250 or reimbursed with commitment to working at the RV Pool Email rvpool@cityofrockvalley.com for more information.</p>	<p>9:00-9:45am Level 2, 3, 5 10:00-10:45am Level 2, 4, 6 11:00-11:45am Level 3, 4, 5 11:00-11:30am Level 1*</p> <p>*Minimum grade level: completion of Kindergarten May 2025</p>	<table border="0"> <tr> <td colspan="3">Session #1</td> </tr> <tr> <td>June 15-19</td> <td>Guppies</td> <td>10:30-11:00am</td> </tr> <tr> <td>June 22-26</td> <td>Sunfish</td> <td>10:00-10:30am</td> </tr> <tr> <td>June 22-26</td> <td>Mudturtles</td> <td>10:30-11:00am</td> </tr> <tr> <td>June 15-19</td> <td>Mudturtles</td> <td>5:00-5:30pm</td> </tr> <tr> <td>June 22-26</td> <td>Tadpoles</td> <td>5:15-5:45pm</td> </tr> <tr> <td colspan="3">Session #2</td> </tr> <tr> <td>July 6-10</td> <td>Sunfish</td> <td>10:30-11:00am</td> </tr> <tr> <td>July 6-10</td> <td>Guppies</td> <td>11:30am-12:00pm</td> </tr> <tr> <td>July 13-17</td> <td>Mudturtles</td> <td>10:30-11:00am</td> </tr> <tr> <td>July 13-17</td> <td>Guppies</td> <td>5:00-5:30pm</td> </tr> <tr> <td>July 13-17</td> <td>Mudturtles</td> <td>5:30-6:00pm</td> </tr> </table>			Session #1			June 15-19	Guppies	10:30-11:00am	June 22-26	Sunfish	10:00-10:30am	June 22-26	Mudturtles	10:30-11:00am	June 15-19	Mudturtles	5:00-5:30pm	June 22-26	Tadpoles	5:15-5:45pm	Session #2			July 6-10	Sunfish	10:30-11:00am	July 6-10	Guppies	11:30am-12:00pm	July 13-17	Mudturtles	10:30-11:00am	July 13-17	Guppies	5:00-5:30pm	July 13-17	Mudturtles	5:30-6:00pm
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<p>Preschool Aquatics: (ages 3-6 yrs):</p> <p>When registering please register your child at the appropriate level (must be mature enough to follow instructions from instructors).</p> <p>Guppies (Level A)- This level is an orientation to water for children who are uncomfortable putting their face in water. Also, for the child who cannot float without support on their back or front.</p> <p>Mudturtles (Level B)-Prerequisite for level B: Children will put their face in the water and blow bubbles. They are comfortable lying on their back and front with support</p> <p>Sunfish (Level C)-Prerequisite for level C: Successfully passed level B or can front float for 10 seconds and back float for 20 seconds without support. "Swim" on front and back without support for 8 yards.</p> <p>Max. Class size=12 students</p>		<p>Tadpoles (ages 1-3 yrs):</p> <p>Parents and children learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control, while also educating parents in water safety.</p> <p>NOTE: A parent/adult must accompany child in water. Max. Class size=18 students</p> <p>Lesson Fees: (Group lesson fee paid at online registration)</p> <table border="0"> <tr> <td>All Preschool/Learn-to-Swim/J. LG courses</td> <td>\$35.00/student</td> </tr> <tr> <td>Lifeguard Training</td> <td>\$300.00/student</td> </tr> <tr> <td>Private Swim Lessons</td> <td>\$105.00/student</td> </tr> <tr> <td>Semi-Private Swim Lessons</td> <td>\$195.00/pair</td> </tr> </table> <p>*Private lessons will have \$5.00 online course hold fee & remainder must paid cash/check at least 2 weeks prior to first day of scheduled lessons.</p>			All Preschool/Learn-to-Swim/J. LG courses	\$35.00/student	Lifeguard Training	\$300.00/student	Private Swim Lessons	\$105.00/student	Semi-Private Swim Lessons	\$195.00/pair																												
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Additional schedules & complete class information can be found at
<https://www.cityofrockvalley.com/web/swimming-pool/#lessonsched>
or City of Rock Valley's Facebook page
or follow us on Instagram @rockvalleyswimmingpool
Questions? Email rvpool@cityofrockvalley.com

Swimming Lesson Procedures:

*Complete course descriptions found at <https://www.cityofrockvalley.com/web/swimming-pool/#lessonsched>

*All Learn-to-Swim Level 1-6 classes are two weeks, Monday-Thursday. Fridays will be used as a make-up day as needed for weather or unforeseen maintenance. To ensure proper water safety instruction, participants who miss class outside of weather or maintenance events may be disqualified from completion by Red Cross guidelines.

If you are interested in making up days, please check with the pool manager or instructor for possible options.

* Low Enrollment Policy: If there are less than 3 students in a class, you may be required to switch class times to properly fill classes.

*Please keep your student at home if he/she is feeling ill, has had a fever within 24 hours, or diarrhea in past 14 days.

***In cases of inclement weather or pool maintenance: An announcement will be placed on the answering machine 30 minutes prior to all cancellations and will be posted on the City of Rock Valley FACEBOOK page & Instagram account @rockvalleyswimmingpool**

*Parents/Family/Friends are encouraged to watch the swimmers! But, for the safety of patrons and consideration of the instructors, **ONLY STUDENTS** are allowed in the pool area during public or private lessons. The park area next to the pool & cement bike areas are great places to view the classes—bring a lawn chair! Your help is appreciated!

The Red Cross has determined that the quality of instruction has often been affected by parent and/or sibling distraction, interruptions, or various other concerns that may interfere with class interactions.

Additional schedules & complete class information can be found at
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