

ROCK VALLEY RECREATION



2023 Summer Rec Program
Schedules & Registration
REGISTRATION is ONLINE

2023 Summer Recreation Schedule

	9:00-9:50 AM	10:00-10:50 AM	11:00-11:50 AM	LOCATIONS
Kindergarten	Art's & Craft's K-2 Mixed Activities K-2	Art's & Craft's K-1 Mixed Activities K-1 Ballet/Jazz Dance K-2	T-Ball	<u>Girls/Boys Basketball</u> City Courts Bad Weather: RV Christian
First Grade	Art's & Craft's K-2 Mixed Activities K-2 Outdoors (1-5)	Coach Pitch 1-2 (Boys & Girls) Art's & Craft's K-1 Ballet/Jazz Dance K-2 Mixed Activities K-1 Outdoors (1-5)	Mixed Activities 1-2 Art's & Craft's 1-3 Outdoors (1-5)	<u>Arts & Crafts</u> Elem. Art Room <u>Mixed Activities</u> Elem. Outdoor Courts Bad Weather: Elem. Gym
Second Grade	Art's & Craft's K-2 Mixed Activities K-2 Outdoors (1-5)	Coach Pitch 1-2 (Boys & Girls) Children's Theatre 2-6 Ballet/Jazz Dance K-2 Outdoors (1-5)	Mixed Activities 1-2 Art's & Craft's 1-3 Cheer/Drill Team 2-6 Outdoors (1-5)	<u>T-Ball:</u> Sports Complex <u>Coach Pitch:</u> Sports Complex
Third Grade	Girls Basketball (3-8) Outdoors (1-5) Quilting: Beginner M/W (1-8) Quilting: Beginner T/Th (1-8) Ballet/Jazz Dance 3-6	Boys Basketball (3-8) Children's Theatre 2-6 Mixed Activities 3-5 Quilting: Intermediate M/W (1-8) Quilting: Intermediate T/Th (1-8) Outdoors (1-5) Engineering (3-6)	Cheer/Drill Team 2-6 Art's & Craft's 1-3 Outdoors (1-5) Volleyball (3-5) Quilting: Advanced M/W (1-8) Quilting: Advanced T/Th (1-8) Engineering (3-6)	<u>2nd Grade Co-Ed Coach Pitch (4-5pm)</u> Sports Complex <u>Cheer/Drill:</u> HS Auditorium
Fourth Grade	Girls Basketball (3-8) Outdoors (1-5) Quilting: Beginner M/W (1-8) Quilting: Beginner T/Th (1-8) Ballet/Jazz Dance 3-6	Boys Basketball (3-8) Children's Theatre 2-6 Mixed Activities 3-5 Quilting: Intermediate M/W (1-8) Quilting: Intermediate T/Th (1-8) Outdoors (1-5) Engineering (3-6)	Cheer/Drill Team 2-6 Outdoors (1-5) Volleyball (3-5) Quilting: Advanced M/W (1-8) Quilting: Advanced T/Th (1-8) Engineering (3-6)	<u>Children's Theater:</u> HS Auditorium <u>Ballet/Jazz</u> 9:00 – HS Commons 10:00 – HS Commons 11:00 – HS Commons
Fifth Grade	Girls Basketball (3-8) Outdoors (1-5) Quilting: Beginner M/W (1-8) Quilting: Beginner T/Th (1-8) Ballet/Jazz Dance 3-6	Boys Basketball (3-8) Children's Theatre 2-6 Mixed Activities 3-5 Outdoors (1-5) Quilting: Intermediate M/W (1-8) Quilting: Intermediate T/Th (1-8) Engineering (3-6)	Cheer/Drill Team 2-6 Outdoors (1-5) Volleyball (3-5) Quilting: Advanced M/W (1-8) Quilting: Advanced T/Th (1-8) Engineering (3-6)	<u>Volleyball</u> Elem. Gym <u>Quilting:</u> Sewing Room
Sixth Grade	Girls Basketball (3-8) Quilting: Beginner M/W (1-8) Quilting: Beginner T/Th (1-8) Ballet/Jazz Dance 3-6	Boys Basketball (3-8) Children's Theatre 2-6 Quilting: Intermediate M/W (1-8) Quilting: Intermediate T/Th (1-8) Engineering (3-6)	Cheer/Drill Team 2-6 Quilting: Advanced M/W (1-8) Quilting: Advanced T/Th (1-8) Engineering (3-6)	<u>Engineering:</u> Elementary Commons <u>Outdoors:</u> ** Meet at the Green House**
Seventh & Eighth Grade	Girls Basketball (3-8) Quilting: Beginner M/W (1-8) Quilting: Beginner T/Th (1-8)	Boys Basketball (3-8)		

ACTIVITY DESCRIPTIONS

Girls/Boys Basketball

Sessions:

- Girls Basketball: 9:00 – 9:50am (Grades 3-8) – Monday thru Thursday
- Boys Basketball: 10:00 – 10:50am (Grades 3-8) – Monday thru Thursday
- Location: City Basketball Courts (15th St.)
 - In the event of inclement weather or wet courts, the location will be moved to the ROCK VALLEY CHRISTIAN SCHOOL GYMNASIUM.

Description:

Participants will learn the basics of the game of basketball: dribbling, passing, shooting, defense, setting screens, etc. Games of pick-up basketball, 3 on 3, knock-out and HORSE, among others, will be played.

Engineering

Sessions:

- 10:00 – 10:50am – Grades 3-6 – Monday thru Thursday
- Location: Elementary Commons

Description:

Will be a TSA type class where the kids will be in groups each week and have to build/solve a problem.

Arts & Crafts

Sessions:

- 9:00 – 9:50am – Grades K-2 – Monday thru Thursday
- 10:00 – 10:50am – Grades K-1 – Monday thru Thursday
- 11:00 – 11:50am – Grades 1-3 – Monday thru Thursday
- Location: Elementary Art Room

Description:

A fun class exploring a variety of arts and crafts, where participants will learn techniques and practices of creating pieces of art. Many projects done in this class!

Mixed Activities

Sessions:

- 9:00 – 9:50am – Grades K-2 – Monday thru Thursday
- 10:00 – 10:50am – Grades K-2 – Monday thru Thursday
- 11:00 – 11:50am – Grades K-2 – Monday thru Thursday
- Location: Elementary Outdoor Courts
 - In the event of inclement weather or wet courts, Mixed Activities may be moved into the Elementary Gym or cancelled.

Description:

A fun class where participants will get to engage in several fun and energetic games that are age appropriate. Participants will learn some sport skills in a very fun, fast-paced environment.

Children's Theatre

Sessions:

- 10:00 – 10:50am – Grades 3-6 – Monday thru Thursday
- Location: HS Auditorium

Description:

Participants will have a fun opportunity to learn the basics of theatre in this activity and learn the fine arts. Depending on the number of participants – there will be one (or two) plays that will be shown at Parents Night.

Ballet/Jazz

Sessions:

- 9:00 – 9:50am – Grades 3-6 – Monday thru Thursday (HS Auditorium)
- 10:00 – 10:50am – Grades K-2 – Monday thru Thursday
- Location: High School Commons

Description:

Love to dance?! Then this is the activity for you. Participants in this class will learn dance routines to different genres of music and will be showcased at Parents Night.

Cheer/Drill

Sessions:

- 11:00 – 11:50am – Grades 2-6 – Monday thru Thursday
- Location: HS Auditorium

Description:

Participants will learn the basics of cheer and drill. A music routine and cheer routine will be learned throughout the summer and showcased at Parents Night.

Quilting

Sessions:

- Grades 3-8
- 9:00 – 9:50am – Beginner – Monday/Wednesday or Tuesday/Thursday
- 10:00 – 10:50am – Intermediate – Monday/Wednesday or Tuesday/Thursday
- 11:00 – 11:50am – Advanced – Monday/Wednesday or Tuesday/Thursday
- Location: Sewing Room
 - Participants must complete the previous level before moving forward – no matter what grade (Beginner to Intermediate to Advanced)
 - There is a possibility of an afternoon time slot for the advanced class if there is a desire/need (to be determined after registration)

Description:

This class gives you the opportunity to experience the hobby of quilting in a great learning environment from teachers with years of experience. Projects include pin cushions to blankets depending on skill level. **There will be a supplies list required for this class.**

Volleyball

Sessions:

- 11:00 – 11:50am – Grades 3-5 – Monday thru Thursday
- Location: Elementary Gym

Description:

From the basic fundamentals to participating in games – participants will have the chance to learn and enhance their volleyball skills and teamwork skills in a fun learning environment. A typical week will include practice on Mon/Wed and playing games on Tues/Thurs.

Coach Pitch

Sessions:

- 10:00 – 10:50am – Grades 1-2 – Monday thru Thursday
- Location: Sports Complex

Description:

Players will get a chance to build on the knowledge and skills of the game of baseball/softball. A fun, learning environment where players get their first chance to hit off a coach pitching, and learning to play all positions in the field.

T-Ball

Sessions:

- 11:00 – 11:50am – Grades K – Monday thru Thursday
- Location: Sports Complex

Description:

Players are introduced to the sport of baseball/softball as they learn the basics of hitting and fielding in a fun environment. A mix of practice and games is used.

Outdoors

Sessions:

- 9:00 – 9:50am – Grades 1-5 – Monday thru Thursday (Max: 15)
- 10:00 – 10:50am – Grades 1-5 – Monday thru Thursday (Max: 15)
- 11:00 – 11:50am – Grades 1-5 – Monday thru Thursday (Max: 15)
- Location: Meet in the Elementary Commons

Description:

A class that is designed to give kids the opportunity to explore their “nature” side. From Geo-Caching, to experiments and more – kids will love this hands-on class!

2023 Summer Recreation Registration Form

Program Dates: June 5 – June 29

REGISTRATION OPENS AT 12:00PM ON APRIL 19.

REGISTRATION WILL BE ONLINE ONLY. LINK COMING SOON.

Activity Release: We (I) the parent(s) of the below named individual, understand that there is risk of injury to our (my) child; that in order to keep the activity fee affordable, the Summer Rec. Program does not provide insurance coverage and that in consideration thereof, we (I) the undersigned parent(s), agree to either purchase our own insurance or assume the risk of injury to our (my) child and agree to NOT hold the instructor, employee or any member of the Summer Rec. Board, or the City of Rock Valley, IA, responsible and/or liable for any injuries which may be incurred by our (my) child while participating in the activities sponsored by the Rock Valley Summer Recreation Program.

Parent/Guardian (print) _____ Signature: _____

Child's Name _____ Grade in 2022-2023 _____

(NO TK)

School: (circle) Public / Christian / NRCS / Other _____ Emergency Phone# _____

E-mail Address **(Required)** _____

Please print clearly

Activity Fees	Time	Fee (\$20/activity)
1. _____	_____	\$20.00 (A)
2. _____	_____	\$20.00 (B)
3. _____	_____	\$20.00 (C)
4. _____	_____	\$20.00 (D)
5. _____	_____	\$20.00 (E)

Registration Deadline is May 6th

Total Activity Fee (A-F) _____

Time	Activity	Size	# Preference	Qty	Price	Total
10:00 am	Coach Pitch				\$20.00	(G)
11:00 am	T-Ball				\$20.00	(H)
Afternoon	2 nd Grade Co-ed Coach Pitch				\$20.00	(I)
Afternoon	3-6 th Softball				\$20.00	(J)
Afternoon	3-6 th Baseball				\$20.00	(K)
-----	Softball Visor (1size- 2 nd -6 th grade)				\$15.00	(L)
-----	Baseball Hat (1size- 2 nd -6 th grade)				\$15.00	(M)
Printed Name on Back of Shirt (3-6 th Baseball/Softball only)		(PLEASE PRINT CLEARLY)				(N)
TOTAL ACTIVITY FEE (A-F):						
TOTAL UNIFORM FEE (G-N):						
TOTAL REGISTRATION FEE:						

Order UNIFORMS Here

Order UNIFORMS Here

T-Shirt Guidelines:

Hats & visors are **not required** but highly recommended for all baseball/softball activities for 2nd-6th grade.

If you have one from a previous year you may use it again.

It is recommended that your child wear grey baseball/softball pants for all afternoon or league baseball/softball activities in 2nd-6th Grade.

T-shirts are required for:

T-Ball (K), Coach Pitch(1st/2nd), Co-ed Coach Pitch(2nd), 3rd-6th Grade Baseball & 3rd-6th Grade Softball.

**Morning Rec T-Ball & Coach pitch will be a "Rock Valley Summer Rec" team colored T-shirt

**Afternoon Co-ed Coach Pitch will be a "Rock Valley Rec" team colored T-shirt

**3rd-6th Grade Baseball/Softball will be a "Rock Valley" navy blue Jersey

T-shirt Sizes: Youth MD (10-12) - Youth LG (12-14) - Adult SM - Adult MD - Adult LG - Adult XL

Coaching Interest:

We encourage you to be involved in our recreational Baseball & Softball programs.
Please check the program you would like to help coach and fill in the information.
We will give you the proper tools & tips to aide with coaching your team! We will be in
contact with you as the season approaches with more coaching information.
Thank you in advance!

Program	Time	<input checked="" type="checkbox"/>	Program	Time	<input checked="" type="checkbox"/>
2 nd Co-ed Coach Pitch	4-5pm		3 rd Softball	4-5 pm	
3 rd Baseball	5-6pm		4 th Softball	4-5 pm	
4 th Baseball	5-6pm		5 th Softball	4-5 pm	
5 th Baseball	5-6pm		6 th Softball	6-7 pm	
6 th Baseball	6-7pm				
			SHIRT SIZE		
Name: _____					
Phone: _____			Cell: _____		
Email: _____			Child: _____		

2nd Grade Co-ed Coach Pitch returns for 2022! This "in-town" transitional team for both boys & girls who want to play in a fun-based competitive environment. The team will meet Mon & Wed to practice from 4-5pm & Tues & Thurs to play each other from 4-5pm. We will emphasize sportsmanship; teach basic baseball/softball skills (hitting-throwing-catching-safe sliding & all field positions. During games: Players will rotate field positions and everyone will bat. There will be a 5 inning game or 1 hour (whichever comes first) twice a week designed as follows: 5 pitches thrown total- If no hit after 5 coach pitches then a "T" will be used to guarantee a "hit". There will be a pitcher & catcher position, 4 Infielders, 4-5 outfielders (depending on attendance) This is designed to be both a fun & learning environment to develop boys & girls who are interested in playing baseball & softball. The coaches may choose to alter the game schedule to more than one time per week. We are in need of coaching assistance & will provide training tools and schedules to aide you in doing so. Please call the office with any questions.

3rd – 6th Grade Baseball & Softball program will play at least two games a week both home & away on Tuesday & Thursday nights. They will be playing in a league with 5 other towns (Sheldon, Sibley, Hull, Rock Rapids & Larchwood.) They will meet to practice on non-game days at the Sports Complex at the times listed above on Monday-Thursday. The season will start before June 1st... A complete schedule will be provided to you and will also be available online once the registration process is complete. We are looking for coaching assistance for all grade levels.

SUMMER RECREATION BASEBALL & SOFTBALL TOURNAMENTS

The Summer Recreation program hosts 3 tournaments in the month of June as a fundraiser for our program. The dates of the tournaments this year are below, please mark the dates that pertain to you on your calendar. **Your Summer Rec. registration fee does not cover the cost of your child participating in any tournament. Your coach will be in contact with more details.*

June 4	7 th & 8 th Grade Baseball Tournament
June 10-11	5 th & 6 th Grade Baseball Tournament
June 17-18	5 th -8 th Grade Softball Tournament

REGISTRATION OPENS AT 12:00pm ON APRIL 19. Online Link available soon.

SUMMER REC REGISTRATION DEADLINE IS:

Friday, May 4th

www.cityofrockvalley.com